



fraserhealth

# OUTPATIENT DIAGNOSTIC CARDIOLOGY SERVICES REQUISITION

CDXX102166B

REV: Aug 4/11

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## Jim Pattison Outpatient Care and Surgery Centre

9750 - 140th St., Surrey, B.C. V3T 0G9 (604) 588-3308 ext 763938

Monday to Friday 8:00am - 8:00pm

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_ Alternate #: \_\_\_\_\_

PHN: \_\_\_\_\_

Birth \_\_\_ / \_\_\_ / \_\_\_

Sex: M \_\_\_ F \_\_\_

Appointment Date: \_\_\_\_\_ Time: \_\_\_\_\_

ECG

Holter Monitor

Exercise Treadmill Test

Pacemaker Clinic

Ambulatory Blood Pressure Monitor

Event Monitor

### Medications:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physician Signature: \_\_\_\_\_ MD

Report Copies to: \_\_\_\_\_

*Telephone 24 hours in advance if you find it necessary to cancel this appointment, so that the time reserved for you may be given to someone else.*

**Please read carefully the information on the back, it was printed with you in mind**

# OUTPATIENT DIAGNOSTIC CARDIOLOGY SERVICES REQUISITION Cont'd

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Paid Parking available.

## APPOINTMENTS:

- Report to Cardiology Reception "D" located on 2nd Floor
- Bring your Care card

## PREPARATION:

### • Exercise Treadmill Test (ETT)

- Please bring/wear comfortable shorts or slacks and comfortable walking shoes
- Avoid any meals prior to test (except diabetics)
- Avoid smoking prior to test
- Do not do your usual daily exercise prior to doing the test
- Bring a list of all medications

### Holter Monitoring

- Bathe/shower prior to test
  - No lotions or powder on your skin
- Please wear a 2 piece outfit
- You will need to return 24 hours later to have the monitor removed
- Bring a list of all medications

### Event Monitoring

- No lotions or powder on your skin
- Please wear a 2 piece outfit
- Bring a list of all medications

### Ambulatory Blood Pressure Monitoring

- Bathe/shower prior to test
- Please wear a shirt with loose fitting sleeves
- Bring a list of all medications

## LENGTH OF TIME FOR ABOVE PROCEDURES:

- Allow approximately 45 minutes