



STANDARD OUT-PATIENT LABORATORY REQUISITION

ORDERING PRACTITIONER: ADDRESS, PHONE, MSP PRACTITIONER NUMBER

Yellow highlighted fields must be completed.

For tests indicated with a blue tick box, consult provincial guidelines and protocols (www.BCGuidelines.ca)

Bill to -> MSP ICBC WorkSafeBC PATIENT OTHER:

PERSONAL HEALTH NUMBER, ICBC/WorkSafeBC NUMBER, LAST NAME OF PATIENT, FIRST NAME OF PATIENT, DOB, SEX, M/F, Pregnant?, Fasting?, CONTACT NUMBERS, ADDRESS OF PATIENT, CITY/TOWN, PROVINCE, POSTAL CODE

DIAGNOSIS, CURRENT MEDICATIONS/DATE AND TIME OF LAST DOSE

HEMATOLOGY, URINE TESTS, CHEMISTRY. Includes checkboxes for Hematology profile, INR, Ferritin, HFE, Macroscopic/microscopic tests, Glucose, GTT, Hemoglobin A1c, Albumin/creatinine ratio.

MICROBIOLOGY - LABEL ALL SPECIMENS WITH PATIENT'S FIRST & LAST NAME, DOB, PHN & SITE

ROUTINE CULTURE, VAGINITIS, GROUP B STREP SCREEN, CHLAMYDIA (CT) & GONORRHEA (GC) by NAAT, GONORRHEA (GC) CULTURE, STOOL SPECIMENS, DERMATOPHYTES, MYCOLOGY

HEPATITIS SEROLOGY, Investigation of hepatitis immune status, Hepatitis marker(s), HIV Serology

OTHER TESTS - Standing Orders Include expiry & frequency

ECG, FIT (Age 50-74 asymptomatic q2y), FIT No copy to Colon Screening Program

LIPIDS, THYROID FUNCTION, OTHER CHEMISTRY TESTS

SIGNATURE OF PRACTITIONER, DATE SIGNED

DATE OF COLLECTION, TIME OF COLLECTION, COLLECTOR, TELEPHONE REQUISITION RECEIVED BY: (employee/date/time)

INSTRUCTIONS TO PATIENTS (See reverse) Other Instructions:

The personal information collected on this form is collected under the authority of the Personal Information Protection Act. The personal information is used to provide medical services requested on this requisition.

## Department of Laboratory Medicine & Pathology Out-Patient Laboratory Services

### LOCATION

### PHONE

#### **ABBOTSFORD**

Abbotsford Regional Hospital & Cancer Centre, 32900 Marshal Road.  
Gateway Medical Lab, 2051 McCallum Rd.

604-851-4700 Ext. 644851  
604-870-7555

Please refer to

<http://www.fraserhealth.ca>

- Find us
- Find a service
- Type Outpatient Laboratory
- Select location

Or

[Lower Mainland Labs](http://pod/lmlabs/Pages/default.aspx)

<http://pod/lmlabs/Pages/default.aspx>

#### **BURNABY**

Burnaby Hospital, 3935 Kincaid Ave

604-412-6245

#### **CHILLIWACK**

Chilliwack General Hospital, 45600 Menholm Rd.  
Sardis Outpatient Lab, #5 - 6014 Vedder Rd.

604-795-4141 Ext. 614108  
604-824-9627

#### **DELTA**

Delta Hospital, 5800 Mountainview Blvd.

604-940-3431

#### **HOPE**

Fraser Canyon Hospital, 1275 – 7<sup>th</sup> Ave.

604-860-7702

For our most up to date Outpatient hours

#### **LANGLEY**

Langley Memorial Hospital, 22051 Fraser Hwy.

604-533-6403

#### **MAPLE RIDGE**

Ridge Meadows Hospital, 11666 Laity St.

604-463-1823

#### **MISSION**

Mission Memorial Hospital, 7324 Hurd St.

604-814-5115

#### **NEW WESTMINSTER**

Royal Columbian Hospital, 330 E. Columbia St.

604-520-4300

#### **PORT MOODY**

Eagle Ridge Hospital, 475 Guildford Way

604-469-3143

#### **SURREY**

Surrey Memorial Hospital, 13750 – 96<sup>th</sup> Ave.  
Jim Pattison Outpatient Care and Surgery Centre, 9750 140<sup>th</sup> Street

604-588-3324  
604-582-4555

#### **WHITE ROCK / SOUTH SURREY**

Peace Arch Hospital, 15521 Russell Ave

604-535-4500 Ext 757623

### **INSTRUCTIONS FOR PATIENTS**

<p><b>FASTING TESTS INCLUDE:</b> Fasting glucose, Glucose/Lactose Tolerance testing, Amino Acids, preferred for iron - No food or drink for 8 hours before test except for sips of water.</p> <p><b>Triglycerides, Homocysteine</b> No food or drink for 10 hours before test except of sips of water.</p> <p>For all tests regular medication may be taken.</p>	<p><b>Cortisol:</b> You are required to rest in lab for 30 minutes before collection of your blood for Cortisol levels. AM (morning) Cortisol must be collected before 10:30 am and PM (afternoon) Cortisol are collected between 3 and 6 pm – lab staff will advise you of the time to return for you PM Cortisol. Both tests should be performed on the same day.</p> <p><b>THERAPEUTIC DRUG MONITORING:</b> Blood is usually taken just prior to the next dose. Information about time and amount of the last dose and dosing frequency is required for interpretation.</p>
<p><b>TESTS THAT MAY REQUIRE AN APPOINTMENT, A SPECIFIC TIME OF COLLECTION OR MAY BE DONE ONLY AT CERTAIN LABS:</b> Please call the Lab you plan to go to for instructions and details. Glucose/Lactose Tolerance Tests, H. Pylori Breath Test, Testosterone (collected 7:00 am to 10:00 am only), Special Coagulation Testing, Special Endocrine Stimulation Tests, Sweat Tests, and Bone Marrows &amp; Needle Aspirates.</p>	<p><b>TESTS REQUIRING SPECIAL CONTAINERS:</b> "Take specimens to the Laboratory as soon as possible." 24 hr Urine collections                      FIT Kits Urine organic acids                            72 hr Fecal Fat Urine for Chlamydia                           Ova &amp; Parasites Midstream Urine for C &amp; S / TB            Stool for C &amp; S Sputum for Acid Fast Bacilli or C &amp; S</p>
<p><b>ELECTROCARDIOGRAMS (ECG) &amp; HOLTER MONITORING:</b> ECGs are available at most FHA laboratory collection sites and do not require an appointment. Holter monitoring is available at most FHA Cardiology departments and require an appointment.</p> <p>Exceptions:                      No ECG's - Surrey Memorial Hospital, Royal Columbian Hospital, Sardis, Sunset, &amp; Gateway Laboratory Collection Sites ECG requires appointment – Eagle Ridge Hospital No Holter Monitoring - Mission Memorial Hospital Holter Monitoring performed by laboratory - Fraser Canyon Hospital</p>	