

Outpatient Dietitian Counseling Referral Form

Patient Information:		
Last Name: _____ First Name: _____ Sex: <input type="checkbox"/> Male or <input type="checkbox"/> Female Gender Pronouns: _____ Birth Date:(dd/mm/yyyy) _____ PHN: _____ Address: _____ Phone:(primary) _____ (other) _____ Primary Language Spoken: _____ Interpreter Required? <input type="checkbox"/> YES <input type="checkbox"/> NO	<p style="text-align: center; margin: 0;">IMPORTANT</p> <p style="font-size: small; margin: 0;">MUST <u>complete</u> referral and <u>attach</u> a medical summary, medication/supplement list and relevant recent labs * Incomplete Referrals will NOT be processed</p>	
<p>NOTE:</p> <p style="text-align: center;">For <u>general</u> nutrition topics and inquiries please direct clients to HealthLink BC Dietitians at 811 (see reverse for topics included).</p> <ul style="list-style-type: none"> Adult and Pediatric Eating Disorder refer to Strata PathWays for referral process. Diabetes / Pre-diabetes/Gestational complete Fraser Health Diabetes Health Centres referral Pediatric weight management complete Shapedown BC or the HealthLink BC Eating and Activity Program referral 		
Check Here	REASON FOR REFERRAL	APPOINTMENT TYPE
	Healthy Eating (poor diet / eating habits, weight management, fatty liver, PCOS, etc.)	Group Class: Eat Well. Live Well (2 part series)
	Cardiovascular Disease (dyslipidemia, stroke, heart attack, etc.)	Group Class: Healthy Heart OR refer client to HealthLink BC Dietitians at 811
	Celiac Disease	Group Class: Adults Pediatric: Individual
	Post Operative Malnutrition (esophagectomy, wound healing, ostomy, etc)	Individual
	Digestive Issues (Crohn's, Ulcerative Colitis, IBS, etc.)	Individual
	Malnutrition (unintentional weight loss / poor intake)	Individual
	Feeding Children (picky eaters/poor growth) <i>*Please include WHO Growth Charts and relevant labs</i>	Individual
	Other (please specify):	
Referring Health Care Provider:		Family Physician (if differs from referrer):
Name:		Name:
Title:		Phone:
Phone:		Fax:
Fax:		
Booking Office Use Only		

General Nutrition Topics (Please direct clients to HealthLink BC Dietitians at 811)

- Gout
- Diverticulosis
- Allergies (non-complicated)
- Eczema
- Gallbladder Disease
- Hypertension
- Osteoporosis
- Warfarin
- Vegetarian/Vegan
- PCOS (Polycystic Ovarian Syndrome)
- GERD (Gastroesophageal Reflex Disease)
- Reactive Hypoglycemia