

Advance Care Planning Clinician Quick Reference Conversation Tools

“Are there any tools that can help me as a health care professional to have these conversations?”

Determine what the goal/outcome of the conversation is and select most appropriate tool based on acuity/prognosis of illness, and/or treatment decision making.

Tool	Audience	Goal/intention of conversation	Tool Structure
<p>Fraser Health SPEAK</p> <p>Link</p>	<p>All ages and stages of health.</p>	<p>Knowledge gathering: learn about what is important to your client.</p>	<p>An acronym of the following 5 key subject areas:</p> <ol style="list-style-type: none"> 1. Potential Substitute Decision Maker(s) (Appointed Representative or TSDM) 2. Preferences for decision making 3. Expressed values, beliefs, and goals 4. Advance Care Plan or any related legal documents 5. Knowledge regarding diagnosis, prognosis, and treatment options <p>The HCP decides where to start in the acronym. HCPs can use the sample questions and/or formulate their own.</p>
<p>Serious Illness Conversation Guide</p> <p>Link</p>	<p>People living with a serious illness and in the last 1-2 years of life.</p>	<p>Option 1 Clarify prognosis and explore values and priorities.</p> <p>Option 2 A Shared Goals of Care conversation, resulting in a shared decision and consent or refusal to a recommended treatment or intervention.</p>	<p>A formal, structured script. Evidenced based language is read word-for-word by the HCP.</p> <p>Script follows these steps:</p> <ol style="list-style-type: none"> 1. Set up conversation 2. Assess understanding and preferences 3. Share prognosis 4. Explore key topics (goals, fears/worries, sources of strength, critical abilities, trade-offs, family) 5. Close the conversation and provide a recommendation related to conversation goal/intention. 6. Document your conversation 7. Communicate with key clinicians