

Part Three

- You will sit on the special chair again to urinate.
- The nurse will remove both tubes.
- Your test is finished!

After the test

You may have some burning and blood in your urine. This should go away in 24-48 hours.

Please drink 6-8 cups of liquid today. Do not drink coffee, tea, pop or alcohol for a day after your test. They may irritate your bladder.

Talk to your doctor

A bladder doctor (urologist) will review your test results and send a report to your referring doctor (the doctor who sent you for the test).

Make an appointment to see your referring doctor within two weeks. Your doctor will use the test results to plan your treatment.

Urodynamic Test

(Bladder Function Test)

**Jim Pattison Outpatient Care and Surgery
Center**
9750-140 Avenue
Surrey, BC
Phone Number: 604-582-4550
**(Ask for the Urodynamic Studies Clinic or
Bladder Care)**



What is a urodynamic test ?

A urodynamic test shows how your bladder acts when it fills and empties. This will help your doctor know the best way to treat your bladder problem.

Before the test

- If you take bladder pills, stop taking them five days before the test.
- Drink 2-3 cups of fluid about 90 minutes before the test. Do not drink coffee, tea, pop or alcohol.
- If you are menstruating, you may wear a tampon during the test.
- If you have a urinary infection, please call us, and we will rebook your test.

What should I bring?

- Bring a list of the pills you take at home.
- Bring your voiding diary that you filled out at home.

At the clinic

- Come 30 minutes before your appointment time.
- Do not urinate (empty your bladder) before the test. Tell the nurse if you need to urinate.
- You will change into a hospital gown.
- The nurse will ask you questions about your health and bladder.

The test has three parts. You may ask questions any time.

Part One

- You will sit in a special chair to urinate.
- The chair is attached to a computer to record the speed and amount of urine you pass.

Part Two

- You will lie on a stretcher.
- The nurse will put a catheter (tube) into your bladder and a small tube into your rectum.
- The nurse will slowly fill your bladder with water. You will feel pressure but not pain.
- The nurse will ask you questions while your bladder is filling.