

JPOCSC Chronic Pain Clinic

<p><b>Service &amp; Target Population</b></p>	<p>The Chronic Pain Clinic at JPOCSC is an interdisciplinary clinic that provides consultative service to patients and their families living with chronic pain.</p> <p>A bio-psychosocial, multidisciplinary approach to the management of Chronic (non-malignant) pain is used: Education Programs, Occupational/Physical Therapy, Consultation, Cognitive Behavior Therapy, Medication Assessment, and Interventional Therapies are offered.</p> <p>Patient needs vary with some requiring little medication or intervention but instead may benefit from self-management skills and strategies.</p> <p>We provide consultation to other Surrey Memorial Hospital clinicians and Fraser Health primary care/specialty providers.</p>
<p><b>Services</b></p>	<ul style="list-style-type: none"> <li>• Treatments range from intervention, medication, self-management, education and support</li> <li>• Provide inter/multidisciplinary assessments tailored to the needs of patients, meeting their full spectrum of physical and psychosocial needs in living with chronic non-malignant pain</li> <li>• Deliver comprehensive group education programs which increases the independence and coping skills of patients</li> <li>• Decrease patient reliance on procedural and pharmaceutical interventions where possible</li> </ul>
<p><b>Service Highlights</b></p>	<ul style="list-style-type: none"> <li>• Team includes Register Nurse, Nurse Practitioner, Physiotherapist, Occupational Therapist, Social Worker, Pharmacist, Psychologist, Psychiatrist, Anaesthesiologists -all with specialized training in Chronic Pain management and treatment</li> <li>• We are mainly consultative (non-investigative) and ongoing care will reside with the General Practitioner</li> <li>• Each referral is triaged for acuity and wait time will vary from 1 week to 18 months</li> <li>• See <a href="http://www.selfmanagementbc.ca">www.selfmanagementbc.ca</a> for early use of community pain self-management prior to referral (if referral is for coping strategies)</li> <li>• Group appointments available for common conditions</li> <li>• Telephone assistance to GP/NP</li> <li>• The expansion for research and interdisciplinary pain education (fellowship) in progress</li> </ul>
<p><b>How Do I Refer?</b></p>	<ul style="list-style-type: none"> <li>• Complete referral form</li> <li>• Fax complete referral form with all pertinent information(consults, XR, CT,MR etc.) to 604 582-4591</li> <li>• Referral is received, if complete will be processed for triage</li> <li>• Triage by clinic personal and acuity assigned</li> <li>• Appointment made based on acuity and availability</li> </ul>
<p><b>Hours of Operation</b></p>	<p>Monday to Friday 0800-1600</p>
<p><b>More information</b></p>	<p>Telephone: 604 582-4587 Fax: 604 582-4591</p>