

Cardiac Services (Chronic Disease Management)	
Service & Target Population	Cardiac Services serves patients with confirmed or suspected cardiac disease that require specialist consults and education classes. Many of the patients will have other co-morbid disease processes and may access other services in the Outpatient Centre.
Services	<p>Services and Eligibility include:</p> <ol style="list-style-type: none"> 1. Heart Function Clinic <ul style="list-style-type: none"> • The Outpatient Centre is one of three regional centres for heart failure management with increased capacity for specialty referrals and follow-up. • Assessment, treatment and education provided for clients with heart failure delivered by a team approach including a cardiologist, nurse, nurse practitioner, pharmacist, mental health therapist and dietician. • Group education sessions on self management for new consults provided. • Access to other chronic disease specialty clinics within the third floor centre service area including: lung health, pain clinic, diabetes education and medical management, specialized seniors, positive health and primary care for clients without a family physician. • Close collaboration and integration with Primary Care. 2. Cardiac Rehabilitation (Education and Exercise Clinics) <ul style="list-style-type: none"> • Purpose is to support lifestyle management after an acute cardiac event through a multidisciplinary team approach. • Includes both education and exercise. • Increased capacity for more high risk exercise programs for clients requiring monitored exercise with a team of cardiovascular experts (i.e. cardiac nurse, exercise specialists and physiotherapists). • Provides services in Punjabi for education to meet the needs of the culturally diverse aspects of our community. • Uses an interdisciplinary team to provide group education sessions. • Close collaboration and integration with Primary Care. 3. Lipid Clinic <ul style="list-style-type: none"> • Assessment and treatment of cardiovascular risk factors by a multi-disciplinary team including a cardiologist, nurse, pharmacist and registered dietitian. • The Dietitian performs one to one consultations and group education sessions for this clinic.

	<ul style="list-style-type: none"> • Close collaboration and integration with Primary Care. 	
Service Highlights	<p>Cardiac Services within the Chronic Disease Management portfolio:</p> <ul style="list-style-type: none"> • empowers clients to be independent with their chronic disease care; • ensures that a self management philosophy is built into assessment, care plans and education classes; • supports a strong interdisciplinary approach to provide best practice care by way of consults, education, and rehab and • links and bridges services to GP offices, other non-government agencies and community services. 	
How do I refer	<ul style="list-style-type: none"> • Physician referral for all clinics and exercise classes • Clients can self refer for the education classes 	
Hours of Operation	Monday-Friday	0800-2000
	Sat/Sun	Saturday: 0900-1700 Sunday: 0800-1600
More information and contact info		