

Fraser Health Breast Health Clinic

Jim Pattison Outpatient Care and Surgery Centre (Level 2)

9750 140th St, Surrey, BC V3T 0G9

Phone: 604-582-4563

Hours of Operation: Monday to Friday, 8:00AM – 4:00PM

We are a specialized clinic for patients who have had a change in their breast, such as a lump or something unusual seen on a mammogram.

Our clinical team is trained in breast health and has state-of-the-art equipment to make sure you receive the best care. Our goal is to give you a diagnosis in less than 21 days from the day we book your appointment.

How do you get an appointment?

When we receive a referral and your breast x-rays from your family doctor or the screening mammography centre, we will phone you to book an appointment.

Come prepared for your visit

- Please do not wear deodorant, lotion, powder, or perfume.
- Wear a shirt that is easy to remove.
- Tell the staff when you make an appointment if you are on blood-thinners like Aspirin, Warfarin, or Plavix.
- Bring a family member or friend for support if that makes you feel more at ease.
- Please arrive 20 minutes early to leave time for parking and to sign in.

What happens at your first visit?

- To see if the change in your breast is a cause for concern we will do tests.
- All of these tests will take place at the Breast Health Clinic.
- These tests can often be finished in one visit. This means your appointment may take between two to six hours.
- You may receive a diagnosis at this visit.
- If you need a breast biopsy* and it cannot be done at your first visit, another appointment will be booked for this test. After the biopsy, you will need to see the doctor the following week to receive the results.

* Freezing medication is used to numb your breast and a few small pieces of breast tissue are removed with a special needle or through a tiny incision (cut).

What tests will you have?

A lump or change in your breasts does not necessarily mean you have breast cancer.

To determine if breasts are healthy or if a lump or breast change is benign (not cancer), the breast specialist may want you to have three types of exams called a triple assessment.

Depending on your symptoms, age, and results, you may not need all of these tests. This will be decided by the medical team at your first visit.

The triple assessment includes:

1. A breast exam by a doctor who is a breast specialist. Everyone will have a breast exam.
2. Pictures taken of your breast with a mammogram or ultrasound machine.
3. A breast biopsy*. The tissue is examined under a microscope and the results are usually available in five days.

Why a triple assessment?

The triple assessment provides reliable information about a change in your breast so the doctor can make an accurate diagnosis. Doing all three tests at once shortens the waiting time for the results, which can often be a stressful time for you and your family.

After your visit

Results from the tests done at the Breast Health Clinic will be faxed to your family doctor. Your family doctor will continue to care for you after your visit to the clinic.

Questions?

Please write them down and bring them with you to your appointment. We will be happy to answer your questions at that time.

Location: Jim Pattison Outpatient Care and Surgery Centre, 9750 140th St. Surrey, BC



Transit Options: www.translink.ca/604-953-3333

Parking:

Pay parking is available. Access through Green Timbers Way or 140th St.