• Additional Order:

These orders become active when patient admitted to hospital
• These orders do NOT apply to patients on insulin pump therapy
• Capillary blood glucose testing, urine testing and insulin administration may be done by patient or RN

For Patient Not in Labour:
• Diet: □ Diabetic Pregnancy 2100 kcal (DPREG) OR □
  Texture: □ Regular    □ Full fluids    □ Clear fluids
• Urine ketone testing upon admission then continue QID
• Capillary blood glucose testing upon admission then continue QID
• Insulin: Prescriber to review preadmission insulin therapy and must write orders below:
  •

NOTE: Patients with Type 1 Diabetes should NOT have insulin discontinued as they are at risk of diabetic ketoacidosis

For Patient in Labour or Pre-op Cesarean Section:
• Diet: □ NPO OR □ 125 mL clear fruit juice Q1H
• Urine ketone testing with each void
• Intravenous fluids: If NPO and/or urine ketones 2+ or greater:
  • Start primary IV NaCl 0.9%
  • Connect IV D5W - 0.9% NaCl to lowest port and titrate between 75 to 150 mL/h to maintain capillary blood glucose 3.9 to 6 and ketones less than 2+ (NOTE: fluid restriction may be necessary if hypertensive disorder)
  • Turn off mainline IV NaCl 0.9% unless otherwise ordered or IV bolus for intrauterine resuscitation is required
  • Call prescriber if unable to achieve above parameters
• Capillary blood glucose testing Q2H
• Insulin
  • insulin lispro subcutaneously by sliding scale:

<table>
<thead>
<tr>
<th>Capillary Blood Glucose (mmol/L)</th>
<th>insulin lispro (Q2H)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 to 6</td>
<td>0 units</td>
</tr>
<tr>
<td>6.1 to 7</td>
<td>2 units</td>
</tr>
<tr>
<td>7.1 to 8</td>
<td>3 units</td>
</tr>
<tr>
<td>8.1 to 9</td>
<td>4 units</td>
</tr>
<tr>
<td>9.1 to 10</td>
<td>5 units</td>
</tr>
<tr>
<td>10.1 to 11</td>
<td>6 units</td>
</tr>
<tr>
<td>11.1 to 12</td>
<td>7 units</td>
</tr>
<tr>
<td>Greater than 12</td>
<td>8 units and call Prescriber</td>
</tr>
</tbody>
</table>

• Additional Order:

Date (dd/mmm/yyyy) | Time | Prescriber Signature | Printed Name or College ID#