OUTPATIENT Laboratory Requisition
Please present your Care Card with each visit

For tests indicated with a shaded tick box consult provincial guidelines and protocols (www.BCGuidelines.ca)

Hematology
- Hematology profile
- PT-INR on Warfarin?
- Ferritin (iron deficiency)
- HFE - hemochromatosis (check ONE box only)
- Confirm diagnosis (ferritin first, +/- TS, +/- DNA testing)
- Sibling/parent is C280/C282Y homozygote (DNA testing)

Microbiology

Routine Culture
- Blood

Urine Tests
- Urine culture – list current antibiotics:
  - Macroscopic
  - Microscopic

Chemistry
- Glucose – fasting (see reverse for patient instructions)
- GTT – gestational diabetes screen (50 g load, 1 hour post-load)
- GTT – gestational diabetes confirmation (75 g load, fasting, 1 hour & 2 hour test)
- Coagulation:
  - PT
  - INR
  - Fibrinogen
- Hematologic:
  - Hemoglobin
  - Hematocrit
  - Ferritin

Urine Screening
- Culture
- Ova & parasite
- Nitrite
- Blood
- Leukocyte

Hepatitis Serology
- Acute viral hepatitis undefined etiology
  - Hepatitis A (anti-HAV IgM)
  - Hepatitis B (HBsAg, anti-HBs)
  - Hepatitis C (anti-HCV)

Lipids
- one box only. For other lipid investigations, please order specific tests below and provide diagnosis.
- Lipid profile (Total, HDL & LDL Cholesterol, Triglycerides, fasting)
- Follow-up of treated hypercholesterolemia (Total, HDL & non-HDL Cholesterol, fasting not required)
- Follow-up or treated hypercholesterolemia (ApoB only, fasting not required)

Thyroid Function
- Suspected Hypothyroidism (TSH first, +/-T4)
- Suspected Hyperthyroidism (TSH first, +/-T4, +/-T4, +/-T3)
- Monitor thyroid replacement therapy (TSH only)

Other Chemistry Tests
- Sodium
- Potassium
- Calcium
- Albumin
- Creatinine
- ALK PHOS
- Bilirubin
- GGT
- T. Protein

Other Tests
- Fecal Occult Blood

Signature of Physician

Date Signed

Phlebotomist

Telephone Requisition Received By (employee/date time)

Instructions to Patients

Other instructions:

HLTH 1901 2010/11/08 Fraser Health Identity LBXX1008158 Rev: March 21, 2016 Stones # 350190
LOCATION

ABBOTSFORD
Abbotsford Regional Hospital & Cancer Centre, 32900 Marshal Road. Gateway Medical Lab, 2051 McCallum Rd. 604-851-4700 Ext. 644851 604-870-7555 Please refer to http://www.fraserhealth.ca

BURNABY
Burnaby Hospital, 3935 Kincaid Ave 604-412-6245

CHILLIWACK
Chilliwack General Hospital, 45600 Menholm Rd. Sardis Outpatient Lab, #5 - 6014 Vedder Rd. 604-795-4141 Ext. 614108 604-824-9627

DELTA
Delta Hospital, 5800 Mountainview Blvd. 604-940-3431

HOPE
Fraser Canyon Hospital, 1275 – 7th Ave. 604-860-7702

LANGLEY
Langley Memorial Hospital, 22051 Fraser Hwy. 604-533-6403

MAPLE RIDGE
Ridge Meadows Hospital, 11666 Laitly St. 604-463-1823

MISSION
Mission Memorial Hospital, 7324 Hurd St. 604-814-5115

NEW WESTMINSTER
Royal Columbian Hospital, 330 E. Columbia St. 604-520-4300

PORT MOODY
Eagle Ridge Hospital, 475 Guildford Way 604-469-3143

SURREY
Surrey Memorial Hospital, 13750 – 96th Ave. Jim Pattison Outpatient Care and Surgery Centre, 9750 140th Street 604-588-3324 604-582-4555

WHITE ROCK / SOUTH SURREY
Peace Arch Hospital, 15521 Russell Ave 604-535-4500 Ext 757623

INSTRUCTIONS FOR PATIENTS

FASTING TESTS INCLUDE:
- Fasting glucose, Glucose/Lactose Tolerance testing, Amino Acids, preferred for iron
- No food or drink for 8 hours before test except for sips of water.
- Triglycerides, Homocysteine
- No food or drink for 10 hours before test except of sips of water.
- For all tests regular medication may be taken.

Cortisol: You are required to rest in lab for 30 minutes before collection of your blood for Cortisol levels, AM (morning) Cortisol must be collected before 10:30 am and PM (afternoon) Cortisol are collected between 3 and 6 pm – lab staff will advise you of the time to return for you PM Cortisol. Both tests should be performed on the same day.

THERAPEUTIC DRUG MONITORING:
- Blood is usually taken just prior to the next dose. Information about time and amount of the last dose and dosing frequency is required for interpretation.

TESTS THAT MAY REQUIRE AN APPOINTMENT, A SPECIFIC TIME OF COLLECTION OR MAY BE DONE ONLY AT CERTAIN LABS:
- Please call the Lab you plan to go to for instructions and details.
- Glucose/Lactose Tolerance Tests, H. Pylori Breath Test, Testosterone (collected 7:00 am to 10:00 am only), Special Coagulation Testing, Special Endocrine Stimulation Tests, Sweat Tests, and Bone Marrows & Needle Aspirates.

TESTS REQUIRING SPECIAL CONTAINERS:
- “Take specimens to the Laboratory as soon as possible.”
- 24 hr Urine collections
- Urine organic acids
- Urine for Chlamydia
- Midstream Urine for C & S / TB
- Sputum for Acid Fast Bacilli or C & S

ELECTROCARDIOGRAMS (ECG) & HOLTER MONITORING:
- ECGs are available at most FHA laboratory collection sites and do not require an appointment. Holter monitoring is available at most FHA Cardiology departments and require an appointment.
- Exceptions: No ECG’s - Surrey Memorial Hospital, Royal Columbian Hospital, Sardis, Sunset, & Gateway Laboratory Collection Sites
- ECG requires appointment – Eagle Ridge Hospital
- No Holter Monitoring - Mission Memorial Hospital
- Holter Monitoring performed by laboratory - Fraser Canyon Hospital

March 9, 2018 (updates not sent to print shop)