



fraserhealth

LIPID CLINIC REFERRAL

JIM PATTISON OUTPATIENT CARE AND SURGERY CENTRE



PMXX104704A

Apr 14/11

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JPOCSC 9750 140th Street Surrey, B.C. V3T 0G9

Phone: (604) 582-4584

Fax: (604) 582-4590

Patient's Full Legal Name: _____
Last First Middle

Other Name(s) (if applicable): _____

Personal Health Number: _____ **Date of Birth:** ____/____/____ **Gender:** M F
(DD, MM, YYYY)

Address: _____
Street City Province Postal Code

Home Phone No. _____ Okay to Call **Message Phone No.** _____

Insurance Type MSP WCB Out-of-Province Self-Pay **Other:** _____ **RCMP or Armed Forces #:** _____

Interpreter Required: No Yes **Language:** _____

REASON FOR REFERRAL

**** IMPORTANT ****
Please include the following labs with this referral:
Lipid profiles within the last 6 months (including Total cholesterol, LDL, HDL, Triglycerides, TC/HDL ratio, Fasting plasma glucose), TSH, and liver and muscle enzymes (if available) along with any other relevant labs.

Please indicate the current and/or past lipid medication history

All clients referred to the JPOCSC Lipid Clinic will receive risk factor assessment and counselling on family history, lifestyle, nutrition, exercise, and smoking cessation from a nurse educator, dietitian, and cardiologist with follow-up to achieve recommended targets.

MEDICAL HISTORY
Risk Factors:
Known Disease: Coronary Cerebrovascular Peripheral Vascular
 Hypertension Smoker Diabetes Impaired fasting glucose (IFG) **or** Impaired Glucose Tolerance (IGT)
 Overweight/Obesity Psychosocial Physical inactivity Family History of vascular disease (1st degree relative
Men < 55 yrs, Women, < 65) HDL < 0.9 Other

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Family Physician (if different from referring source)
Name: _____
MSP #: _____
Phone: _____ Fax: _____
 Patient has no GP/NP

Referring Health Care Provider:
Name: _____
MSP #: _____
Phone: _____ Fax: _____
 GP Specialist NP Hospitalist ER Other

Referring Physician Signature: _____

Referral Guidelines:

General Guideline principles

- Unclear diagnosis
- No response to initial treatment or indication for combination drug therapy
- Premature or severe atherosclerosis with "normal" lipoprotein pattern
- High risk patients (LDL > 2.0, or HDL < 0.9 in patients with ≥ 3 risk factors or established CAD)

Specific Guidelines

- Possible diagnosis of familial hypercholesterolemia (FH)
- HDL < 0.9
- Family history of PREMATURE atherosclerotic disease in 1st degree relatives (< 55 years in men , < 65 years in women).