### PERTINENT HISTORY - Follow-up examinations should be done at the same location (attach reports if available)

<table>
<thead>
<tr>
<th>Previous Bone Densitometry</th>
<th>Location</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>YES</td>
<td>NO</td>
<td></td>
</tr>
<tr>
<td>Previous Lumbar Spine X-Rays</td>
<td>Location</td>
<td>Date</td>
</tr>
<tr>
<td>YES</td>
<td>NO</td>
<td></td>
</tr>
</tbody>
</table>

### EXAMINATION REQUESTED

**Diagnostic Bone Mineral Densitometry (BMD)**

BMD is only indicated if it is likely to alter treatment and is considered an MSP insured service for patients with moderate or higher risk of fracture, as outlined in the Osteoporosis Guideline at [www.bcguidelines.ca](http://www.bcguidelines.ca). The risk can be determined using the FRAX calculator at [www.shef.ac.uk/FRAX](http://www.shef.ac.uk/FRAX).

**Example Risk Factors:**
- Age > 65
- Previous fragility fractures
- Having a parent with fractured hip
- Current smoking
- Rheumatoid Arthritis
- Glucocorticoids (> 7.5mg prednisone or equivalent daily for 3 months consecutively)

Check One:

- Moderate Risk (10 - 20% 10 year fracture risk)
- High Risk (>20% 10 year fracture risk)
- Recent Hip Fracture
- Hyperparathyroidism
- History of Frailty Fracture

### FOLLOW-UP BMD MEASUREMENTS

There is insufficient evidence to recommend testing frequency for patients not taking OP medications. For patients on OP medications, repeat BMD exams are not justified based on current evidence and not considered medically necessary prior to **3 years** after the original measurement and only if it is likely to alter patient management.

- 3 or more years since prior BMD Exam
- Less than 3 years since BMD Exam (see below)

The following exceptions, as outlined in the Osteoporosis Guideline, may apply (check one):

- Patients receiving > 7.5mg prednisone daily, or its equivalent for 3 months consecutively who require a baseline examination and repeat scans at 6 month intervals while on treatment.
- Patients in whom an early exam may be indicated: example - moderate and high risk patients on OP medications with multiple risk factors and test is likely to alter patient management.
- Primary Hyperparathyroidism
- Other specific high risk situations where repeat testing is likely to alter patient management

Specify

### NON-DIAGNOSTIC BMD – PATIENT PAY

These are non-insured services for indications that are not covered by MSP, such as:

- Routine screening of men and women less than 65 years of age
- Part of routine screening around time of menopause
- Screening - the patient would like to proceed with the exam and pay privately
- Follow-up (when not clinically indicated) - the patient would like to proceed with the exam and pay privately

### PATIENT HISTORY – please provide risk factors, therapies and other appropriate history

**TELEPHONE REQUISITION TIME**

<table>
<thead>
<tr>
<th>Initials of Recorder</th>
<th>Date Signed (YYYY / MM / DD)</th>
<th>Signature of Requesting Practitioner</th>
</tr>
</thead>
</table>

The personal information collected on this form is collected under the authority of the [Personal Information Protection Act](http://www.gov.bc.ca/gov/content/privacy). The personal information is used to provide medical services requested on this requisition. The information collected is used for quality assurance management and disclosed to healthcare practitioners involved in providing care or when required by law. Personal information is protected from unauthorized use and disclosure in accordance with the [Personal Information Protection Act](http://www.gov.bc.ca/gov/content/privacy) and when applicable the [Freedom of Information and Protection of Privacy Act](http://www.gov.bc.ca/gov/content/privacy) and may be used and disclosed only as provided by those Acts.