



fraserhealth

# CHEST PAIN CLINIC REFERRAL FAX



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## Confidential

**Chest Pain Clinic Referral Fax**

**FAX: 604-520-4803**

Date: \_\_\_\_\_

Number of Pages: \_\_\_\_\_

**From: RCH Emergency Department: By: \_\_\_\_\_**

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Requesting Physician: \_\_\_\_\_

Family Physician: \_\_\_\_\_

### We are faxing the following information:

- Face Sheet
- EP Notes
- ECG

### Patient Information

- Chest Pain Clinic information sheet given to patient
- Patient aware that the clinic will contact them with the appointment date and time

Faxed from RCH Emergency Department  
604-520-4000  
Fax: 604-520-4722

## ***CHEST PAIN CLINIC INFORMATION SHEET***

### **RCH - Chest Pain Clinic**

You have been referred to the Royal Columbian Hospital Diagnostic Cardiology Department Chest Pain Clinic.

You will be contacted by Diagnostic Cardiology with a date and time for your appointment.

If you have not been contacted within 24 hours of your discharge from the Emergency Department, please call Diagnostic Cardiology at **604-520-4148** (Monday to Friday, 7:00 - 3:30).

### **What to Expect**

**Please check in at PATIENT REGISTRATION in the main lobby of the hospital prior to going to the Diagnostic Cardiology Department. Cardiology is located on the main floor of the Health Care Centre next to the Lab.**

You may be in the Chest Pain Clinic for up to 2 hours depending on how busy the Clinic is.

You will be seen by a Cardiologist and have an Exercise Tolerance Test if clinically indicated.

Please let the booking clerk and the technologist know if there is any reason why you may not be able to walk on a treadmill.

### **What is an Exercise Tolerance Test**

An Exercise Tolerance Test involves you walking on a treadmill. ECG electrodes will be attached to your chest and torso. The elevation and speed of the treadmill will increase every 3 minutes. During the test, your heart rate, ECG and blood pressure are continuously monitored.

### **Patient Instructions**

Please have a light breakfast and then fast (do not eat) for 2 hours prior to your appointment.

Please wear comfortable clothing and walking shoes (runners). **Do not wear sandals.**

Please **do not** wear talcum powder, lotions or perfumes (Deodorant is fine).

Men - please be aware that you may be shaved to remove any chest hairs where the skin sensors will be attached,

**Royal Columbian Hospital  
Diagnostic Cardiology Department  
330 E. Columbia Street  
New Westminster, BC V3L 3W7**

**Phone: 604-520-4148**