

Medical Assistance in Dying

Planning for MAiD

Practitioner Independence

The Prescriber and Assessor are independent if ...

- * They are not a mentor to the other practitioner or responsible for supervising their work.
- * Do not know or believe they are a beneficiary under the Will of the person requesting MAiD.
- * Do not know or believe they are a recipient in any other way of financial or other material benefit resulting from the person's death (other than standard compensation for the MAiD service).
- * Do not know or believe they are connected to the other practitioner or to the person requesting MAiD in any other way that would affect their objectivity.

Documentation

Ensure that you have the following MAiD documents:

- * Record of Patient Request
- * Record of Assessment (Assessor)
- * Record of Assessment (Prescriber)
- * Consultant Assessment of Patient's Informed Consent Decision Capability
- * British Columbia Medical Assistance in Dying Prescription

The Person's Request

The Assessor and Prescriber will...

- * Review the Record of Patient Request to ensure that it is complete.
- * Confirm the eligibility of the other person signing the request if the person requesting MAiD is unable to sign the request.
- * Confirm the eligibility of the independence of the witnesses with the person.

Assessment

Complete an assessment to ensure person meets eligibility criteria and document it on the prescribed forms...

- * Record of Assessment (Assessor)
- * Record of Assessment (Prescriber)

If unsure the person is capable to consent refer the person to a practitioner with special expertise in capability assessment (psychiatrist, neurologist, geriatrician).

The consultant must complete the prescribed form...

- * Consultant Assessment of Patient's Informed Consent Decision Capability,

Capability to Make Health Care Decision

- * Determine that the person is capable of making the decision about receiving MAiD (providing informed consent).
- * Inform the patient that if they become incapable prior to the provision of MAiD that you cannot proceed.
- * Reiterate that the patient can withdraw consent at any time.

Planning

The Prescriber must...

- * independently complete an assessment of the person,
- * plan the provision of MAiD with the person, family and any other involved health care professionals, and
- * be present to provide MAiD.

The Prescriber must apply for and be granted specific MAiD privileges in order to provide MAiD within a Fraser Health hospital.

Contact your MAiD Physician Lead to discuss applying for MAiD privileges. (mccc@fraserhealth.ca)

Planning

- * Review with the patient the self-administered (oral) route and the intravenous route.
- * Discuss location and timeline for provision of MAiD.
- * If it is less than 10 days from time of Record of Request then document the rationale.

Planning

Advise the patient to:

- * seek advice on life insurance and pension plan implications
- * ensure that a will is in place
- * confirm funeral arrangements.

Withdrawal of Consent

Inform the patient that they may rescind their request at any time

The Oral Route

The BC MAiD Prescription form can be obtained from the MAiD Care Co-ordination Centre (mccc@fraserhealth.ca)

IV kit and an oral kit will be dispensed by the pharmacist in a sealed tamperproof container

Three agents:

- * Gastric motility agent
- * Anxiolytic
- * Coma Inducing preparation

Gastric Motility Agent

- * A gastric motility agent is necessary due to the high rate of nausea and vomiting with the coma inducing preparation
- * The agent must be taken one hour prior to the coma inducing preparation

Anxiolytic

- * The anxiolytic is taken sublingually 5 to 10 minutes prior to the coma inducing preparation
- * an additional dose may be given if necessary.

Coma Inducing Preparation

- * Stable for 72 hours after preparation by pharmacist
- * Must be ingested within 4 minutes
- * Has a volume of approximately 120 ml volume
- * Should be followed by a small amount of non-fat, non-carbonated drink
- * May take over 4 hours to be effective

Contingencies

- * If recent opioid rotation or on a stable opioid dose, use double the patient's daily opiate dose equivalence in the preparation.
- * Review with patient that you may need to go to the intravenous route if they are unable to tolerate the oral process.
- * Advise that an intravenous should be in place in case patient cannot tolerate oral route.

Intravenous Route

Four agents:

- * Anxiolytic
- * Local Anesthetic
- * Coma Inducing Agent
- * Neuromuscular Blocker

Intravenous Route

- * 2 identical kits of all drugs in a sealed tamperproof container will be dispensed directly to the provider.
- * This ensures that there is adequate medication if the IV becomes interstitial or other issues are encountered in the administration of medication.

Intravenous Route

Anxiolytic

- * Given over 2 minutes
- * May give one additional dose

Local Anesthetic

- * Given over 30 seconds

Intravenous Route

Coma Inducing Agent

- * Given over 5 minutes
- * May give one additional dose
- * Flush line with 0.9% NaCl to ensure entire dose is delivered

Neuromuscular Blocker

- * Rapid IV injection
- * Flush line with 0.9% NaCl to ensure entire dose is delivered

The Pharmacist

- * Obtain the British Columbia MAiD Prescription from your MAiD Care Co-ordination Centre.
- * The Centre will link you with a Health Authority pharmacist.
- * Review with the pharmacist the request, assessments, and plan to provide MAiD.

The Pharmacist

- * The pharmacist will only dispense the kits directly to the provider/prescriber.
- * Only the Prescriber can sign for the release of the prescription.
- * The Prescriber must provide photo identification, if applicable.

The Pharmacist

The pharmacist will review:

- * the procedure to return unused medication within 48 hours of the patient's death for secure and timely disposal
- * how to complete the Medication Administration Record for MAiD

Prior to Administration

- * The patient must be conscious and capable of confirming the decision to consent to MAiD at the time of the service.
- * Immediately prior to administration of medication, provide the patient with an opportunity to withdraw their consent.

After Care

- * Give the family time to grieve
- * Offer access to counseling

Documentation

Record...

- * who was present.
- * time of administration and time of death.
- * any comments or suggestions for improvement that may assist patients and colleagues.

Complete the Death Certificate...

PART I : Immediate cause of death

- a) medical assistance in dying
- b) lymphoma

Documentation

Submit all MAiD forms to...

- * the MAiD Care Co-ordination Centre (mccc@fraserhealth.ca),
and
- * the Coroner's Office.

After Care

- * De-brief with a colleague.
- * Consider accessing Wellness or Physician Health Program.