

## Medical Assistance in Dying (MAiD) For MRP's

Medical Assistance in Dying (MAiD) is when a doctor or nurse practitioner helps a patient, at their voluntary request, to end their life. MAiD has been legal in Canada since June 2016 and is governed under federal law by the Ministry of Health, BC. There are specific eligibility requirements, safeguards and regulatory oversight in place to ensure that patients are supported in their legal right to access MAiD.

### What is the eligibility criteria?

- ✓ Have a grievous and irremediable medical condition. This could be a collection of multiple conditions, illnesses or severe frailty.
- ✓ 'Intolerable suffering' despite availability of medical interventions that may or may not be acceptable to the patient.
- ✓ The medical condition has advanced or declined to the point where it cannot be reversed
- ✓ The medical condition causes the patient's death to be in the reasonably foreseeable future (no need for exact time frame but on a trajectory where natural death is expected).
- ✓ Must be at least 18 years of age
- ✓ Be eligible for publicly funded health services in Canada i.e., have MSP
- ✓ Able to give informed consent throughout the process, including at the final moment when MAiD would be provided.

**If you have questions about a specific patient or form completion, contact a MAiD lead at 604-587-7878.**

### What do I need to do?

- Inquire and be curious to why your patient is asking for MAiD. Explore options for care that your patient would be willing to accept instead of, or in addition to, pursuing MAiD
- Provide a copy of the Patient Request Record (form 1632) to your patient. This is the ONLY way to formally initiate the request for MAiD (see below for forms)
- If a patient provides you a completed copy of the Patient Request Record, an Assessor Report (form 1633) needs to be completed and returned to Fraser Health's MAiD Care Coordination Centre (MCCC).
- If after reviewing the assessment form you are not willing to complete it, determine if there is another colleague who can. If there is not, refer your patient to MCCC and complete form 1642, Transfer of Request and return to the Ministry of Health.

Note: The MCCC arranges the second/prescriber assessment. It is this assessor who provides MAiD should your eligible patient wish to proceed.

### Additional resources and forms:

Search 'MAiD' on these web sites:

- Ministry of Health, BC for forms and information: <https://www2.gov.bc.ca>
- Fraser Health: [www.fraserhealth.ca](http://www.fraserhealth.ca)
- College of Physicians & Surgeons: <https://www.cpsbc.ca>
- Canadian Assoc of MAiD Assessors and Providers: <http://www.camapcanada.ca>