

Physicians joining frontline huddles – Helping teams reclaim their mojo

Physician presence makes an impactful difference.

Dr. Marietta Van Den Berg, Psychiatrist and Physician Quality Lead at Surrey hospitals, has developed a simple physician engagement approach that helps staff function more effectively as a team, cope better with stress, and build valuable relationships within the site.

(If you haven't yet met Marietta, check out [this video](#) as she addresses some common experiences and concerns that providers face.)

Please register for one of Marietta's upcoming sessions to learn how to provide these 10 minute supports at your site, including access to peer support and coaching.

Key Benefits

- ✓ Strengthened inter-professional relationships
- ✓ Improved team engagement and functioning at work
- ✓ Decreased anxiety and fear among staff



Learning Objectives

After participating in this session, you will be able to:

- Identify how you might play a role on your site
- Learn strategies to share on coping with stress
- Discuss some key actions to use with teams, including:
 - Being present and available to answer questions about COVID-19
 - Acknowledging the meaningful impact staff are making
 - Sharing your experiences



Who should attend?

- Physicians or any leader willing and open to engage staff in a supportive and empathic way
- Each session is limited to 10 seats given social/physical distancing protocols



How to register?

Please send an email to Michele.parker@fraserhealth.ca to receive a list of available May sessions or to schedule a session at your site.

Upcoming sessions include:

- May 08th, 12:00 – 1:30, Central City
- May 13th, 17:00 – 18:30, Surrey Memorial Hospital
- May 14th, 17:00 – 18:30, Location TBD