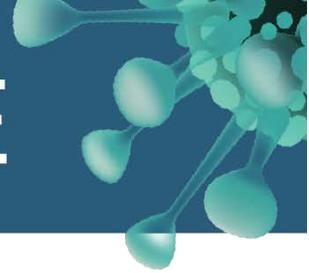


COVID-19 UPDATE



Physician Coordination Centre Bulletin

May 21, 2020

Update on new and existing COVID-19 cases

- On May 20th, the Ministry of Health confirmed 21 new cases of COVID-19 in B.C. for a total of 2467 cases in the province. Fraser Health has had 1214 cases.
- Of this total, 6 patients are in intensive care or critical care units.
- Total number of deaths as of May 20, 2020 was 149 deaths in B.C., with 57 deaths in Fraser Health.
- Fraser Health has 22 current hospitalized patients of which 6 are in our ICU/HAU settings.
- Fraser Health staff and medical staff that are currently COVID-19+ are 18.

Source: CEO Update May 20, 2020 & BCCDC

For detailed case counts please refer to the BCCDC COVID-19 [Dashboard](#) & Surveillance Reports on their [webpage](#)

CEO Town Hall with Physicians

JOIN US FOR A CONVERSATION WITH THE CEO AND MEDICAL EXPERTS

- Update from Fraser Health CEO, Dr. Victoria Lee followed by a moderated conversation and general Q&A using SLIDO (www.slido.com; event code #medstaff)
 - **SLIDO remains open.** Post your questions early [here](#) for our next conversation on May 25.
 - Topic for May 25: Mental Health, Vulnerable Populations & Psychological Recovery During Pandemic
 - **Next Meeting** - May 25th from 5:30 to 6:30 p.m.
 - Connect by Skype or t-con. Details in your email & text message invites. Or, request the physiciancoordinationcentre@fraserhealth.ca

TOP QUESTIONS FROM PHYSICIANS

Last unanswered question from the May 11 COVID-19 Town Hall. Dr. Emil Lee, Regional Medical Director for Medical Imaging has provided this response.

Q: What are the plans for diagnostic testing at JPOSC, to resume to "normal" but also to chip away at backlog?

- Medical Imaging (MI) is following the guiding principle of staff and patient safety first. A phased ramp-up plan has patient arrivals spaced out as much as possible. All safety measures limit ability to ramp up to pre-COVID-19 volumes, but MI aims to achieve approximately 80-85 percent of previous patient caseload with some variability in each modality. At JPOSC, MI has collaborated with the P3 partner to maximize the building hours to allow extended hours and days of operation. The target phase 1 ramp up date is June 8th.
- Phase 1 at all sites aims to achieve approx. 80-85 percent of pre-COVID-19 patient caseload taking into account the added safety measures that increase the time/patient. Patient examinations that were postponed due to the COVID-19 pandemic are being prioritized, while continuing to perform all urgent and emergent imaging studies.

COVID-19 UPDATE



- Phase 2 is currently in draft form, dependent on reviews and approvals, and dependent on securing technologists. This would see a ramp up of MI activity above pre-COVID-19 patient caseload levels to further address the backlog of cases and reduce waitlists.

PHYSICIAN RESOURCES

CEO Updates

- Check your Fraser Health emails for [daily CEO Updates](#) (note: intranet link) for specific data, comments and responses to questions on COVID-19. Recent highlights include:
 - Now in [phase 2 of BC's Restart Plan](#), let's ensure we continue to be vigilant, methodical and patient.
 - Reiteration that nearly all new cases are linked to outbreaks or household contacts.
 - Outbreaks declared over at Ridge Meadows Hospital (May 18) & Dufferin Care Centre (May 17)
 - New outbreak at The Cedars in Mission assisted living facility; implementing enhanced control measures.
 - Temporary pandemic pay announced to support health care workers. Learn more [here](#).
 - No evidence of Personal Protective Equipment (PPE) breach in Abbotsford Regional Hospital outbreak.
 - Revised Provincial Health Officer orders/notices/guidance [found here](#).
 - Annual increase to the Canada Child Benefit announced. Read [more details here](#).
 - New Ministry of Health policy now on visitors and essential visits. [See here](#).

Kudos

- Dr. Parmjit Sohal, Surrey's family doctor named [Canada's Family Physician of the Year for BC](#).
- Congratulations to [2020 BC College of Family Physicians award recipients](#) - Dr Tahmeena Ali, Dr Rachel Collins and Dr Lawrence Yang

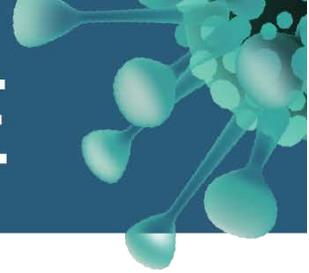
Surgical Renewal Plan

- Surgical renewal commenced May 19th, 2020.
- Continue firming with each site process and flows with physical distancing and pre-screening, as well as virtual preoperative assessment.
- [Virtual pre-admission for surgery to keep you safe at home – May 11, 2020](#)
- [Additional elective surgery information can be found here](#).

Opening Community Clinical Practices

- Refer to BCCDC [Community Physician Clinic Guidance](#) for IPC guidance
- Consult the May 14th [Provincial Health Officer Order](#) for workplace COVID-19 safety plans.
- New guidance [Doctor Is In](#) (May 21) by DoBC.

COVID-19 UPDATE



Multisystem inflammatory syndrome in children and adolescents temporally related to COVID-19

- WHO has developed a preliminary case definition and case report form for multisystem inflammatory disorder in children and adolescents. Click [here](#) for details to identify suspected or confirmed cases for treatment/reporting.
- [BCCDC Guidance](#) on Management of Severe Respiratory Illness in Pediatric Patients during COVID-19.

Resources to support Long-term Care and Advance Care Planning during COVID-19

- Visit the Clinical Resources & Forms section on the [Medical Staff COVID web page](#).

PPE Supplies for Community Physicians

- Connect with the Division of Family Practice in your region to place orders for PPE. For care providers who are not supported through their Division or are unsure where to go, contact the PPE Community Support Desk at PPECommunitysupport@fraserhealth.ca or call 604-561-2037. [View more details](#).

Home Health Monitoring for COVID-19 acute, emergency and community patients

- Home health monitoring service for patients who are, or suspected COVID-19 positives. See [FYI](#).
- Patients are referred to the service by their doctor – either at a clinic or at a hospital – and are monitored daily by a registered nurse or respiratory therapist from Public health, Home Health or Community Respiratory Services. A handout for prospective patients is available [here](#).

Information Technology Resources

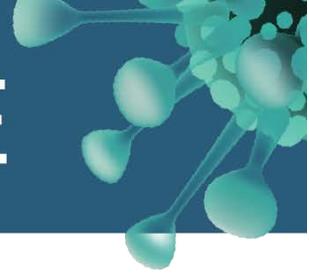
- Visit [Medical Staff COVID-19 website](#) section on 'IMIT resources' for more.

CARING FOR SELF - WELLNESS & SUPPORT

Medical Staff Psychological and Well Being Supports available

- Opportunity for medical staff. [Get trained](#) to join frontline staff huddles to strengthen team engagement & reduce staff anxiety. Led by Dr. Marietta Van Den Berg.
- UBC Medical Students have put together a comprehensive [handout of resources](#) for physicians and families.
- [Supports](#) vary from in-person to telephone conversations and group sessions. These include emotional support, mental health and well being, stress and anxiety management and self-care tools. More tools also posted [here](#).
- [ABC123](#) a memory aid and psychological first aid tool providing techniques to reduce anxiety and distress, and
- Canadian Society of Physician Leaders COVID-19 Crisis [Bulletin](#) shares the five C's Resilience Framework.

COVID-19 UPDATE



Physician Coaching Service (30 or 60 minute virtual sessions - no charge)

- Certified coaches provide 1-1 coaching to support decision-making and urgent action
 - Medical Leaders – contact physiciancoordinationcentre@fraserhealth.ca
 - Frontline physicians, retired physicians, residents, medical students – contact Physician Health Program 604-398-4300 or info@physicianhealth.com
 - Article from a group of physician coaches: [Thriving while surviving – why we need more healthcare coaching support during the COVID-19 crisis.](#)

REMINDER ABOUT MEDIA

If you receive a media inquiry or see media at any of our locations please contact the Fraser Health media line at 604-613-0794 or by email at media@fraserhealth.ca

Physician Coordination Centre		physiciancoordinationcentre@fraserhealth.ca		
Previous Bulletins:	March 31, 2020	April 3, 2020	April 8, 2020	April 16, 2020
	April 21, 2020	April 24, 2020	April 30, 2020	May 7, 2020
	May 14, 2020			
<p>The information in this bulletin pertains to physicians and medical staff and is a summary of updates and new resources on COVID-19. Please continue to visit the Fraser Health Medical Staff web page for additional up-to-date information and resources.</p> <p>For Physician Coordination Centre membership see here.</p> <p>Dr. Kevin Afra, Elizabeth Armstrong, Dr. Neil Barclay, Dr. Peter Barnsdale, Dr. Ralph Belle, Dr. Elizabeth Brodtkin, Rita Ciconte, Dr. John Diggle, Dr. Raymond Dong, Dr. Joshua Greggain, Dr. Roland Guasparini, Dr. John Hamilton, Dr. Rob McDermid, Dr. Sarah Ostler, Dr. Connie Ruffo, Dr. Akbar Mithani, Dr. Pam Thornton, Dr. Michael Yatscoff, Jag Sandhu, Kavita Sarwal, Jemimah Membreve, Tomi Daramola</p>				
Dr. Dayan Muthayan Co-Chair, Physician Coordination Centre dayan.muthayan@fraserhealth.ca 604-217-6107		Dr. Amyeen Hassanali Co-Chair, Physician Coordination Centre amyeen.hassanali@fraserhealth.ca 604-644-5564		