

## **PHYSICIAN COORDINATION CENTRE FOR COVID -19**

Our **Emergency Operations Centre (EOC)** has directed us to establish a **Physician Coordination Centre (PCC)** which will serve as a central coordinating centre for physicians to provide timely and updated **communication** on changes to guidelines and policies, setting up of **support resources** for our medical leaders and frontline medical staff as we face these challenging times together, and provide real time information on **physician staffing** and redeployment should this become necessary. We also plan to provide you with **clinical tools** to support you as you care for our patients. Further items will be added as we hear from you regarding your needs. This Physician Coordination Centre has already been established and its membership is attached for your reference. It has representation from frontline physicians, MSA presidents, site and regional medical leaders, Medical Health Officer, Infection Prevention and Control, Infectious diseases, ICU, ER, Medicine, communications and other supports as needed (see Appendix). We held our first meeting on Tuesday, March 24<sup>th</sup> and meet daily Monday to Friday.

### **COMMUNICATION:**

We recognize that you are being inundated with messaging from many sources. As of today, **the Centre will be the filter for all messaging to the medical staff** (except for the daily CEO and periodic MHO updates which will continue as is). We plan to send a **PCC digest** of relevant changes, new policies and guidelines regularly (likely a few times weekly) and we will house these documents on the [medical staff website](#) for easy access and referral. Many other **resources, links, FAQs and literature searches** will be added to the medical staff website. **We want to hear from you** with respect to your questions and suggestions and we ask you to send these to [physiciancoordinationcentre@fraserhealth.ca](mailto:physiciancoordinationcentre@fraserhealth.ca). Our administrative counterparts have already been made aware of this and I hope that you will see some slowing of the emails and more organized messaging coming from us.

We have been asked by physicians to provide more COVID-19 information in ways that you already use to receive it, including on your mobile device. If you would like to receive COVID-19 updates via text messaging please [click here](#) to sign up using 'COVID' as the keyword. You will be able to opt-out from receiving messages at any time.

We want you to focus on the **CEO updates, MHO updates** and the **PCC digest** that we will compile and distribute a few times weekly as the sources of truth. I also want to remind you of the weekly town-hall meeting every Monday at 530pm hosted by Dr Victoria Lee for medical staff. Please skype/call in when you can. Skype details in Appendix.

### **PHYSICIAN SUPPORT:**

Foundational to our work is to support each other as we adjust to working in this new paradigm. You will find a message in the Appendix advising of twice weekly Zoom meetings where we can get together as a group and have a conversation regarding how we can support ourselves and each other during this crisis. These will be facilitated by Drs Elizabeth Froese, Marietta Vandenburg and others. We look forward to seeing you (virtually) at these sessions. Drop in as you are able to and they will adapt to whatever your needs and requests are and become. We will also be setting up **virtual educational panel discussions** to support you with updated clinical guidelines and treatment of Covid-19 patients. Please note that these measures are not meant to replace any local site based supports that have

already been established. They are in addition to those. Canadian medical students have come together to provide busy practicing physicians with daily updates on the state of literature on [Covid-19](#). We are not alone in our fight and we salute our younger colleagues for this altruistic gesture.

In addition, we have [psychological and well being tools](#) and supports during Covid19 that I encourage you to access as needed.

**PHYSICIAN STAFFING:**

None of us are immune to Covid-19. It is therefore prudent that we plan for situations where groups of physicians at a site or within a department may be ill or need to isolate at the same time. We now have an online tool where physicians can identify their availability to work extra shifts at their own, or other, sites to be able to respond quickly to any urgent needs. Click [here](#) to share your availability with us. Sharing your availability does not imply that you will be required to work. Every medical staff member has already been granted blanket privileges to be able to work at any FH site.

The College of Physician and Surgeons will also provide emergency privileges to recent retirees that may be able to return and offer their services. If, you are interested in assisting please contact Timothy O'Brien, Director Medical Affairs [timothy.obrien@fraserhealth.ca](mailto:timothy.obrien@fraserhealth.ca).

We are proud of your commitment and dedication and we are truly humbled to be able to serve and care for you as you serve and care for our patients. Please do not hesitate to send us your suggestions, comments and questions. You have our promise that we will do our best to answer them frankly, transparently and completely as best we can. Where we do not know, we will say so.

On behalf of the Physician Coordination Centre

Dayan Muthayan Chair

Amyeen Hassanali Co-chair

March 31st, 2020.

## APPENDIX:

### Monday Town Hall Meetings for Medical Staff with CEO, Dr Victoria Lee

The Skype meetings for Medical Staff are 5:30 – 6:30 p.m. every Monday, through April 27 for now. Details including Skype link have been sent via calendar invitation too. All physicians are encouraged to join by Skype rather than just dial in by phone if they can, so they can see the presentation that Dr Lee is presenting.

[Join Skype Meeting](#)

Trouble Joining? [Try Skype Web App](#)

Join by phone

[\[FHA\] 604-587-4499](#) (FHA)

English (United States)

[1 \(844\) 313-4499](#) (FHA)

English (United States)

[Find a local number](#)

Conference ID: 48263572

[Forgot your dial-in PIN?](#) | [Help](#)

### Message on Supporting Ourselves and Each Other

It would be an understatement to say we are living in strange times. No doubt Covid-19 has brought challenges to all of us in ways unimaginable a few weeks ago. It is incredible to see how we all are adjusting to this new way of life. We answered a calling to care for others and are very good at that. I'd like to acknowledge each one of you for the way you have stepped forward with courage and compassion for those we care for.

The primary purpose of this message is to let you know about two new initiatives at FH and an invitation from one of your colleagues. Our commitment to you as an organization is to help you stay safe, informed and well as we face this challenge together.

1. As a first step in our commitment to support your well-being, I am pleased to announce that next week we will launch an opportunity for our medical staff to join an online Zoom conversation aimed at mutual peer support. Our intention is to provide an opportunity to connect and to share ideas on supporting ourselves and each other during this crisis. The current plan is to host these sessions twice weekly; Tuesdays at noon-1pm and Thursdays at 6-7pm. These conversations will be facilitated by Dr Elizabeth Froese, a retired PAH physician and certified coach who many of you have met at MSA events. These sessions are for you- we are open to hearing from you about what will support you best and adapt and build on this plan accordingly. We will begin **Thurs April 2nd at 6pm**. An invitation to the zoom calls is at the end of this email. Please save this page and the sign in details or click on the link below to add the sessions to your calendar.

2. In addition, I also want to share a generous invitation from one of our colleagues, Dr Aravind Ravindran for all medical and healthcare staff to join a Facebook group for free meditation supported every evening from 8-8:30pm. Click this link a few minutes before 8pm each night.  
<https://www.facebook.com/Heartfulness-Vancouver-833390506772192/>

We are all in this together, and together we will get through this and be stronger. Please be patient and supportive of yourselves and each other as we work our way through these challenging days.

I am always open to your comments, requests and suggestions. Please do not hesitate to connect.

Dayan  
604-217-6107

[Dayan.muthayan@fraserhealth.ca](mailto:Dayan.muthayan@fraserhealth.ca)

## Details for Zoom meetings:

### Thurs 6-7 pm starting April 2nd:

Topic: Peer support for FH Physicians

Time: Apr 2, 2020 06:00 PM Vancouver

Every week on **Thursdays** (20 occurrence(s))

**Apr 2, 2020 06:00 PM**

Apr 9, 2020 06:00 PM

Apr 16, 2020 06:00 PM

Apr 23, 2020 06:00 PM

Apr 30, 2020 06:00 PM

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

<https://zoom.us/meeting/v5QpcuugpzoiN2WP4IKjsj0fa3StJeExw/ics?icsToken=98tyKuuoj4oEt2UuF-CY7YqA5nqbuHui18cnZMJkDTPECPAMgX3ZdFWGLdaCM-B>

Join Zoom Meeting

<https://zoom.us/j/204528918?pwd=YXJSbmdxU2V3c2VScW1XazJ6RjVPdz09>

Meeting ID: 204 528 918

Password: 019838

One tap mobile

+16473744685,,204528918# Canada

+16475580588,,204528918# Canada

Dial by your location

+1 647 374 4685 Canada

+1 647 558 0588 Canada

+1 778 907 2071 Canada

+1 438 809 7799 Canada

+1 587 328 1099 Canada

Meeting ID: 204 528 918

Find your local number: <https://zoom.us/u/adHUUXrHwC>

## Tuesdays noon-1pm starting April 7<sup>th</sup>:

Topic: Tuesday Peer support for FH Physicians

Time: **Apr 7, 2020 12:00 PM** Vancouver

Every week on Tue, 20 occurrence(s)

Apr 7, 2020 12:00 PM

Apr 14, 2020 12:00 PM

Apr 21, 2020 12:00 PM

Apr 28, 2020 12:00 PM

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly:

[https://zoom.us/meeting/tZUofuGgpzIiz2MutzU8c\\_WIM2etaBfjkA/ics?icsToken=98tyKuGpqzliEt2cuF3tZ6kvA6vqbuHli2sch7ZJhiq9AB9kSy6kM\\_ZDELR1G\\_mB](https://zoom.us/meeting/tZUofuGgpzIiz2MutzU8c_WIM2etaBfjkA/ics?icsToken=98tyKuGpqzliEt2cuF3tZ6kvA6vqbuHli2sch7ZJhiq9AB9kSy6kM_ZDELR1G_mB)

Join Zoom Meeting

<https://zoom.us/j/815988998?pwd=MjJmVGxUUWF6WWlBeGdyNGI1cjlVQT09>

Meeting ID: 815 988 998

Password: 550638

One tap mobile

+16473744685,,815988998# Canada

+16475580588,,815988998# Canada

Dial by your location

+1 647 374 4685 Canada

+1 647 558 0588 Canada

+1 778 907 2071 Canada

+1 438 809 7799 Canada

+1 587 328 1099 Canada

Meeting ID: 815 988 998

Find your local number: <https://zoom.us/j/adHUUXrHwC>

**PCC Coordinating Committee**

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