

Harm reduction resources for people who use substances in the Fraser Health region

1. Harm reduction supplies

Harm reduction supplies (including safer sex, injecting and smoking supplies) are available across the Fraser Health region, including all Public Health Units: <https://towardtheheart.com/site-finder>

2. Drug checking

Free and confidential drug checking is available across the region: <https://www.fraserhealth.ca/drugchecking> and by mail: <https://getyourdrugstested.com/canada-wide-drug-checking-by-mail/>

3. Take Home Naloxone kits and training

Eligible community members can access no-cost Take Home Naloxone (THN) kits and training through THN distribution sites and community pharmacies across British Columbia: <https://towardtheheart.com/site-finder>. Those looking for a quick introduction or refresher on naloxone administration can access online training here: <http://www.naloxonetraining.com/>

4. Lifeguard App

Notifies 911 if the user fails to respond. Available for free on Apple and Google Play app stores: <https://lifeguarddh.com/>

5. Publicly-accessible overdose prevention services

Many supportive housing sites also provide residents-only overdose prevention services.

Organization	Contact Details	Services
Abbotsford		
Positive Living Fraser Valley	32883 South Fraser Way, Abbotsford 604.854.1101	<ul style="list-style-type: none"> • Harm reduction supply distribution • Safe sharps disposal • THN training and distribution • Drug checking • Witnessed consumption • Referrals to health and social services
Surrey		
Quibble Creek Sobering and Assessment Centre	13670 94A Ave, Surrey 604.580.4965	<ul style="list-style-type: none"> • Harm reduction supply distribution • Safe sharps disposal • THN training and distribution • Drug checking • Witnessed consumption • Referrals to health and social services
SafePoint	2-10681 135A Street, Surrey 604.587.7898	<ul style="list-style-type: none"> • Harm reduction supply distribution • Safe sharps disposal • THN training and distribution • Drug checking • Witnessed consumption • Referrals to health and social services
Smoke Tent (Lookout Housing and Health Society)	2-10681 135a Street, Surrey (beside SafePoint) 778.888.9359	<ul style="list-style-type: none"> • Harm reduction supply distribution • Safe sharps disposal • THN training and distribution • Drug checking • Witnessed consumption (smoking only) • Referrals to health and social services